

# Management REPORT | 2024



fundación  
**los pisinquos**®



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# 1. Introduction

Fifty six years ago, a group of families deeply moved by the effects poverty and inequality were having on children in vulnerable communities decided to act. They organized themselves to drive social transformation. Thus, was born Los Pisingos Foundation, initially with a program focused on the protection and adoption of girls and boys.

Over its history, Pisingos has launched **20 programs** that address multiple dimensions of community development, ranging from support for expectant mothers to comprehensive sexual education projects.

Today, with a broader and more conscious understanding of its environment and challenges, the Foundation concentrates on strengthening family bonds, preventing and healing the wounds caused by various forms of violence, and safeguarding the rights and opportunities of girls, boys and adolescents living in vulnerable circumstances.

We proudly present our **first management report for the public**. We wish to share the impact of our work with everyone committed to the emotional well being of children, adolescents and their families.

None of this would have been possible without the support of partners, government entities and benefactors who, like us, believe that transforming society through childhood is possible.

# 2. Contextualization childhood, adolescence and family

Childhood and adolescence are not immune to the country's economic, political and cultural circumstances. Numerous factors both external and within the family environment negatively affect the integrity and emotional health of children and teenagers. In recent years a worrying persistence of violence and violations of their rights has been observed. The following figures help us understand the scale of the problem:

Regarding **adoptions**, according to data from the Colombian Institute of Family Welfare (ICBF) up to November 2024, 12,398 children, adolescents and young adults were classified as adoptable; half of them are over 18 years old, which makes adoption significantly less likely.

Each year we observe a slight decline in the number of children, adolescents and young adults adopted, reflecting a variety of social and cultural factors.

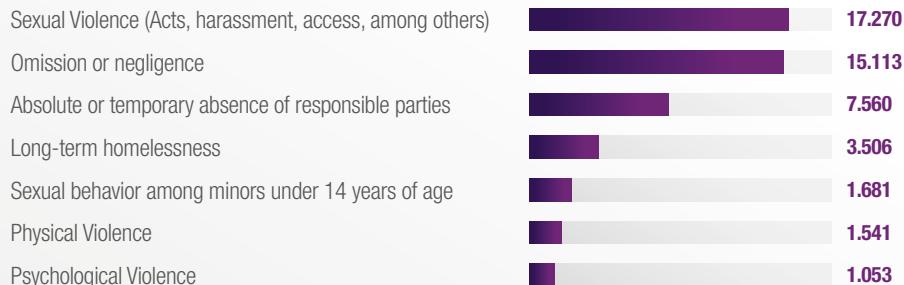
|   | 2021  | 2022  | 2023  | 2024  |
|---|-------|-------|-------|-------|
| Number of adopted girls, boys and adolescents | 1,054 | 986   | 947   | 907   |
| Variation                                     |       | -6.5% | -3.9% | -4.2% |

\*Source: Statistical bulletin of the Protection Directorate published by the ICBF, Mission Information System (SIM), data as of November 2024 and December 2024.

On the other hand, analyzing those who were in the administrative process of restoring rights, as of November, last year, the Colombian Institute of Family Welfare (ICBF) had **72.660** open cases involving children and adolescents, nearly one quarter of them reside in Bogotá.

The two leading causes for initiating these measures are **sexual violence (34%)** and **omission or negligence (30%)**. The majority of sexual violence cases are perpetrated against girls.

## 7 Main reasons for ADMISSION IN 2024



Another valuable source of information, the Statistical Bulletin of the National Institute of Legal Medicine and Forensic Sciences, confirmed that by December 2024 there were 36.791 reported cases of **non fatal injuries**. More than 60% of these incidents involved adolescents, who were victims of:

|                         |                               |
|-------------------------|-------------------------------|
| Alleged sexual offences | 48%                           |
| Domestic violence       | 21% (a 24% increase vs. 2023) |
| Interpersonal violence  | 21%                           |
| Other causes            | 10 %                          |

The alarming number of children and adolescents victimised by one or more of these offences underlines the importance of Pisingos' ongoing efforts: working on prevention today to reduce these indicators in the future, and continuing to support and intervene on behalf of those who have already suffered any form of violence.



\*Source: Statistical bulletin of the Protection Directorate published by the ICBF, Mission Information System (SIM), data as of November 2024 and December 2024.

\*\* Source: Monthly statistical bulletin on children and adolescents by the Forensic Services Subdirectorate, December 2024.

### 3. Letters

#### Letter from the Board of Advisors and the Board of Directors

Dear friends of the Foundation,

Today we wish to take a moment to thank you deeply and sincerely for walking with us in our great purpose of transforming the lives of Colombia's children and adolescents who have faced complex circumstances.

We know how difficult it can be to grasp what thousands of minors in Colombia experience. Figures from DANE for 2024 reveal a stark reality: **54%** of them grow up in conditions of poverty that deny them real opportunities for development and growth. Tragically, cases of violence, abuse and neglect with multiple consequences continue to rise.

Throughout its **56 year history**, Los Pisingos Foundation has worked every day to change this story. Thanks to your support, we have been able to provide protection, affection and genuine opportunities to those who need them most through various programs. We began by supporting hundreds of children through Protection and Adoption programs, always seeking to ensure them a loving and safe environment in which to grow.

Fully aware of the many challenges involved in working for childhood and adolescence, we have broadened our approach. We now support complex adoption processes, run a program that bolsters the cognitive and emotional development of children and adolescents with learning difficulties, and operate a community program that helps them build life plans and fosters healthy bonds and safe spaces where respect and kindness underpin daily coexistence.

We are also working vigorously on an issue that is as vital as it is often invisible: the emotional well-being and mental health of children affected by violence in their homes, schools or communities. This commitment led to our selection by the ICBF as one of the main operators of the **Specialized Psychological Support Complementary Service**, which, by working with children and their families, seeks to heal the wounds of past abuse and neglect, guiding them in their search for meaning and re-signification and enabling them to transform their relationships. Every action we take has a significant impact on their lives.

Today, more than ever, we are committed to the emotional well-being of the children and adolescents we serve. We know that healing is not instantaneous, but it is possible when there is love, accompaniment and people like you who believe in a brighter future for them.

Thank you for trusting, donating and accompanying us. Your support not only transforms lives; it also gives us hope and strength to carry on.

With immense gratitude,

The team of Los Pisingos Foundation



Alicia del Socorro Durán  
Chairman of the Board of Directors  
Los Pisingos Foundation



Magdalena Jiménez Pizarro  
Chairman of the Board  
Los Pisingos Foundation

## Letter from the Executive Director

Exposure to physical, psychological and sexual violence whether it occurs within the home, at school or in the community can leave profound emotional, behavioral and physical scars that jeopardize the holistic development of children and adolescents. For this reason, our mission is to reach as many girls, boys and teenagers as possible, offering them a safe environment rich in opportunities while helping their families strengthen parenting skills through programs built on two strategic pillars: Prevention and Intervention.

In **Prevention**, we implemented four programs in 2024 with qualified professionals in the areas of Psychology, Pedagogy, Social Work, Neuropsychology, Speech Therapy and Occupational Therapy that contributed to the improvement of the academic, behavioral and social skills of 255 beneficiaries in *"Oportunidad"*, Opportunity program and 82 participants in *"Mano a Mano por la Vida"*, Hand in Hand for Life program.

In alliance with the Italian organization CIFA, we also supported 117 vulnerable students through the *"Su Mañana"*, Their Tomorrow Project. In parallel, our *"Consulta Particular"*, Private Consultation service provided tailored psychological care to 117 individuals, fostering trust and a renewed sense of security. Altogether, the Prevention pillar transformed the lives of 571 children, adolescents and family members, equipping them with greater resilience to face life's challenges.

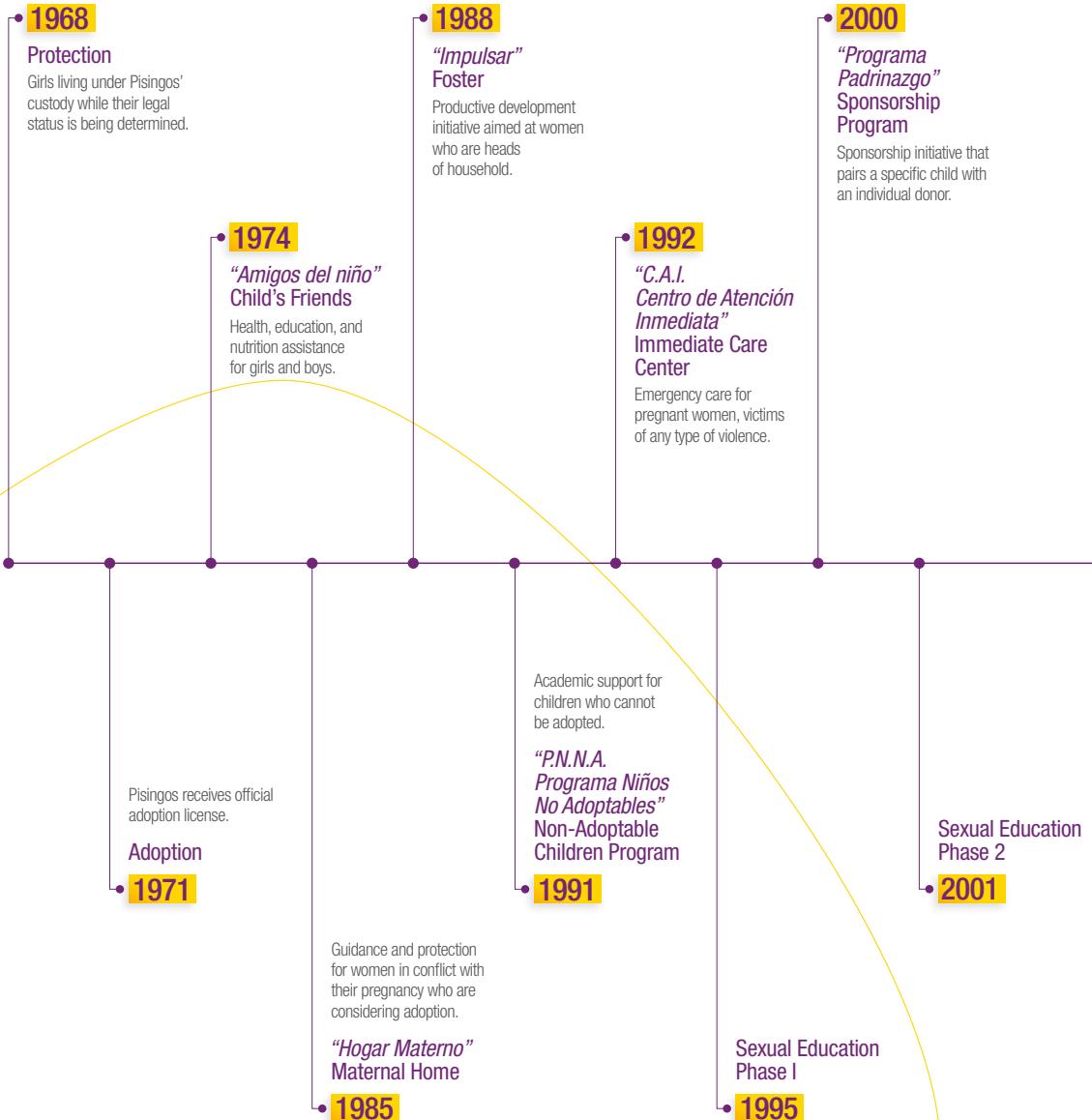
Our **Intervention pillar** relied on the Foundation's own model, which integrates diverse disciplines to address the root causes of trauma more effectively. Through the *"Servicio Complementario de Apoyo Psicológico Especializado"*, Specialized Complementary Psychological Support Service operated under agreement with the Colombian Institute of Family Welfare (ICBF) we offered empathetic, high quality therapy to 2,070 minors, maintaining outstanding adherence to their therapeutic plans. In Cajicá area, the *"Fortalecimiento Familiar"*, Family Strengthening program provided specialized psychological assistance to 102 beneficiaries and their families, all of whom were undergoing administrative processes to restore their rights through the Family Courts. Finally, our *"Adopciones"*, Adoption program accompanied 170 families and minors, guiding them through preparation, support and evaluation during adoption processes. Across all three programs, the Intervention pillar positively impacted 2,342 children, adolescents and families.

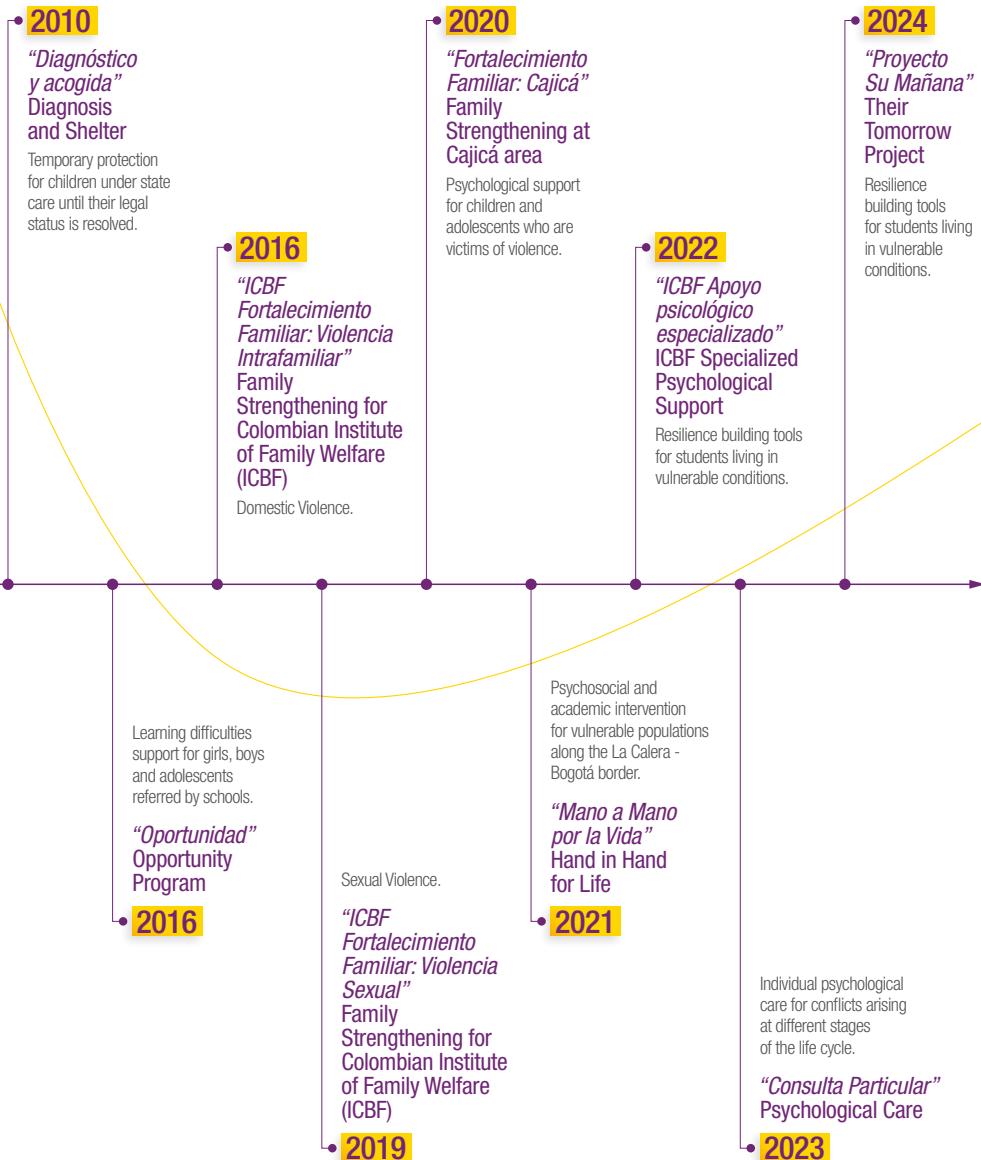
None of these achievements would have been possible without the steadfast support of our partners and donors. Thanks to their generosity, Pisingos continues to expand both its portfolio of programs, and the number of beneficiaries served each year. Witnessing a family's life story change for the better is profoundly gratifying and reinforces our conviction that every household each a cornerstone of society has the potential to multiply the effect of our collective efforts and build a better country.



Daniel Fernández Castrillo  
Executive Director  
Los Pisingos Foundation

## 4. Timeline of programs developed by Pisingos





## 5. Scope of programs implemented by Pisingos

In 56 years, we have impacted and transformed the lives of **56.421** girls, boys, and adolescents, which has led us to a total impact of approximately 225.000 people.

| Program                                 | Dates<br>1968 - 2024 | # of girls, boys,<br>and adolescents |
|---|----------------------|--------------------------------------|
| Adoptions                               | Since 1971           | 5.150                                |
| Opportunity                             | Since 2016           | 1.822                                |
| Specialized psychological support: ICBF | Since 2016           | 12.059                               |
| Family Strengthening: Cajicá            | Since 2020           | 438                                  |
| Hand in Hand for Life                   | Since 2021           | 289                                  |
| Psychological Care                      | Since 2023           | 229                                  |
| Their Tomorrow "Su Mañana" CIFA         | 2024                 | 117                                  |
| Previous programs                       | 1968 - 2013          | 36.317                               |
| <b>Total Programs</b>                   |                      | <b>56.421</b>                        |

## 6. Purpose, service areas, and programs

### Purpose

Los Pisingos Foundation seeks to contribute to a healthier emotional society, where risks, emotional pain, and social constraints do not limit opportunities, hope, and smiles for childhood, adolescence, and families.

### Service Areas

#### PREVENTION

##### *Tejiendo Futuros / Weaving Futures*

Support, refuge, motivation, and inspiration for those living in vulnerable environments, seeking to prevent and avoid any type of violence.

#### PROGRAMS

**Oportunidad / Opportunity**, addressing the learning difficulties of children and adolescents referred by educational institutions.

**Mano a Mano por la Vida / Hand in Hand for Life**, a Gabrica program in partnership with the Los Pisingos Foundation and the academic reinforcement plan with Autogermana.

**Su Mañana / Their Tomorrow Project** in partnership with the Italian CIFA Foundation

Psychological Care

#### INTERVENTION

##### *Puentes que Sanan / Bridges that Heal*

Repair of trauma caused by any type of violence within or outside the home.

#### PROGRAMS

Adoption

Specialized complementary psychological support: ICBF

Family Strengthening: cooperation agreement with Cajicá

Psychological Care

### Oportunidad / Opportunity Program



Aimed at addressing learning difficulties of girls, boys, and adolescents referred by educational institutions. Through a cognitive assessment, social-emotional development, reading comprehension, and mathematical reasoning are evaluated to identify possible areas for improvement. Based on the results, students receive targeted support in occupational therapy, speech therapy, and psychology, aiming to strengthen their learning processes. Additionally, parents receive guidance and tools to effectively meet the needs of their children.

# of Users Served

255

# Cognitive Assessments

185

# Active Users

98

### Mano a Mano por la Vida / Hand in Hand for Life Program



Psychosocial intervention is provided: comprehensive care in pedagogy, psychology, social work, and arts, aimed at positively impacting the reality of girls, boys, adolescents, and their families. Community involvement is encouraged to promote the development of social bonds and citizen coexistence. Their development as agents of change in society is promoted and the creation of healthier environments in the neighborhoods bordering La Calera is encouraged. 59% of participants are between 4 and 11 years old, and 41% are adolescents.

# Psychosocial Guidance Sessions

409

# Formative Experiences

311

# Active Users

82

# School Reinforcements

45

### Consulta Particular / Psychological Care



Private psychological consultation is conceived as a space to address personal conflicts typical of each stage of the life cycle. The intervention model implemented allows for differentiated attention, recognizing the diversity in the reasons for seeking psychological help and the uniqueness of each case. Safe spaces are created to provide effective resources that foster trust in those seeking consultation.

# Sessions

600

# Users Served

117

# Active Users

45

### Su Mañana / Their Tomorrow Project (CIFA)



It's a social project in partnership with the international organization **CIFA**, to serve girls, boys and adolescents from the town of Usaquén under the DREAM model, where knowledge, practical tools and self-awareness are provided to promote resilience, improve their adaptive capacities and prevent antisocial behaviors, self-harm and social marginalization in vulnerable contexts. 90% of participants are girls, and 62% are boys.

# Users Served

117

### Adoption Program



Every girl, boy and adolescent deserves a family. Through an interdisciplinary approach, we prepare, guide and assess adoption processes to guarantee optimal integration and a favourable adjustment within the adoptive family. Under the "Raíces", Roots program we guide, support and accompany families in their search for biological relatives, recognizing that understanding one's own origins is essential for the construction of identity.

# "Raíces" Roots visits

81

# Legal workshop participants

70

# Children under evaluation

19

# Identity declarations issued

8

# Adoptions finalized

4

### Specialized Psychological Support Service - ICBF



We provide psychological assistance to girls, boys and adolescents whose rights have been violated through sexual or domestic violence, negligence, disappearance or abandonment, among other situations. The service aims to mitigate the impact on their mental health and offers tools that help re frame painful experiences. Families and support networks are counselled to create safe environments, strengthen emotional bonds and foster the integral development of the children.

# Sessions delivered

32.960

# Users served

2.070

# Cases closed for compliance

1.221

# Active users

730

### Fortalecimiento Familiar / Family Strengthening Program at Cajicá area



Comprehensive care, following the model of Los Pisingos Foundation, for girls, boys and adolescents who have been victims of violence or rights violations sexual or domestic violence, neglect, psychoactive substance consumption, suicidal ideation or behavioural issues and who are subject to rights restoration measures issued by the three Family Commissions of the municipality of Cajicá. Most beneficiaries (65%) are girls in childhood or adolescence.

At the same time, parents are given tools to strengthen their parenting skills and to assume an active role in protecting and guaranteeing their children's rights.

# Sessions delivered

1.804

# Users served

102

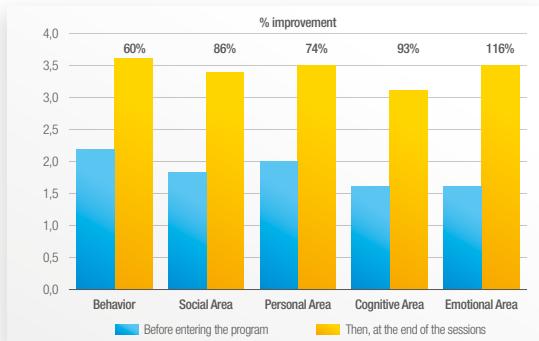
# Cases closed for compliance

83

## 7. Outcomes: Impact generated by programs

### Tejiendo Futuros / Weaving Futures Prevention

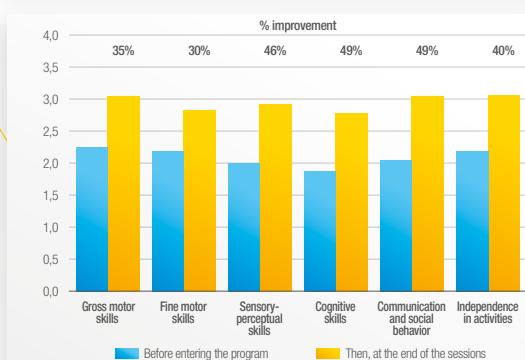
Once girls, boys and adolescents complete their intervention sessions in Psychology, Occupational Therapy and Speech Language Therapy areas, a marked improvement is observed, as detailed below:



#### Psychology

Scope: 5 dimensions and 20 behaviours assessed  
Average rating: 3.4 at program completion vs. 1.9 at admission

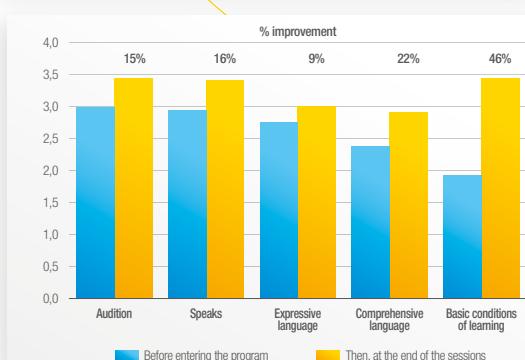
This is the specialty that shows the greatest progress: children follow instructions more readily and are more cooperative, empathetic and sociable. Their attention, memory and planning skills have increased, as has their ability to identify, express and regulate emotions.



#### Occupational Therapy

Scope: 6 dimensions and 22 behaviours assessed  
Average rating: 2.9 at program completion vs. 2.1 at admission

Significant advances are evident in postural stability and the manipulation of pencils, scissors, cutlery and similar objects. Improvements are also seen in perception, selective attention, memory and problem solving. Children are more independent, collaborative and engaged.



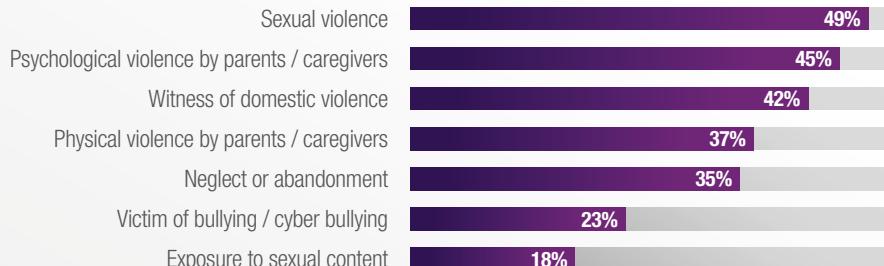
#### Speech Language Therapy

Scope: 5 dimensions and 22 behaviours assessed  
Average rating: 3.4 at program completion vs. 2.6 at admission

Participants finish with better discrimination of sound sources, as well as greater fluency, speed, accent and intonation. They demonstrate improved organisation of ideas, listening capacity and comprehension. More motivation to start and complete activities within the expected timeframe is also higher.

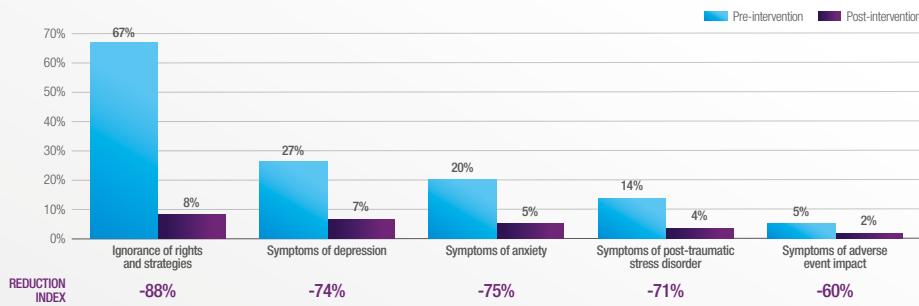
**Source:** Assessment instrument upon admission to each specialty and upon completion of the therapeutic process. 88 cases were evaluated in the second half of 2024.

### What types of violence have our children and adolescents been exposed to upon arriving at Pisingos?\*

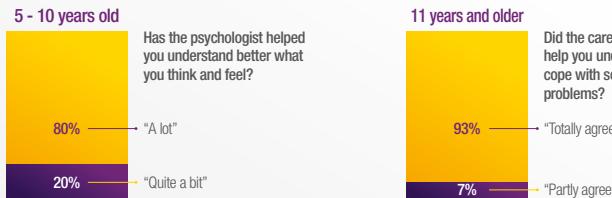


Note: More than one adverse event may be reported per individual.

### The “Wonderful Change”: Before and After the Therapeutic Sessions



### Satisfaction with the Support Received\*\*\*



\* Source: CRI "Risk Factors Questionnaire", June 2024 - March 2025; 105 participants aged 1–18 years at programme admission.

\*\* Source: ISMME "Mental Health Inventory", June 2024 - March 2025; results shown for participants with at least six therapeutic sessions.

\*\*\* Source: Automated satisfaction survey conducted 29 October 2024 - 3 January 2025; 56 responses collected from children aged 5-10 years and 257 participants aged 11 years and above at the end of their therapeutic process.

## 8. Loving and resilient testimonials



*"I learned that we have to manage our emotions; otherwise there comes a point when you can't take it anymore and you explode. I learned that we shouldn't criticize ourselves or pay attention to what people say, and that we must not hurt ourselves because we have to accept who we are. I also realized that some things we consider 'normal' are actually cases of abuse, and that it's important to plan for your future- before it's too late."*

12 year old girl after completing her therapeutic process

A Pisingos speech language pathologist tells María's story. María's **hemiparesis**: weakness or lack of muscle control on one side of her body was diagnosed late; she only learned to walk at the age of five.

In 2018, her parents had to suspend all therapy sessions because they were displaced by the armed conflict and moved to El Codito, one of Bogotá's most vulnerable neighbourhoods.

After the pandemic, María enrolled in the **"Oportunidad"**, Opportunity program. The therapist recalls:

"We received a delightful girl with a joyful spirit, eager to learn, yet showing marked difficulties in comprehension, verbal expression, writing and recognising her emotional states."

Maria completed her cycle of Psychology, Speech Language Therapy and Occupational Therapy. Today she is motivated, self aware and able to recognise her achievements and strengths. Her family now understands the importance of therapeutic support; their accompaniment at home has been fundamental for developing new skills that foster school adaptation and family growth.

Speech Language Pathologist,  
one of the specialists who worked with María\*.

Name changed to preserve confidentiality



*"In all the workshops I learned that if I'm upset or sad I have to know how to control it, I learned that if someone bribes you, you shouldn't accept it, I learned that if you want to achieve something you have to fight for it, I learned to calm down, I also learned that if you want to be someone you shouldn't let others ruin it for you... ", "I did very well with my psychologist and I enjoyed being with her, all these sessions were the best I've ever had in my entire life and thanks to her I have improved in many things... " and "I thought the Los Pisingos Foundation was very nice and I found it very calming, very peaceful, but what I liked the most was my psychologist, she is very pretty, kind, very tender, very calm and she likes her job."*

16 year old migrant adolescent, mother of a one year old baby,  
after completing her therapeutic process

## 9. Events Participation



### Institutions and Government Sector

22 February 2024

In commemoration of the Foundation's 55th anniversary, we hosted the **"First Conversation for Child Well Being."** More than 200 attendees including administrative authorities, NGOs, journalists, and academic institutions from both public and private sectors participated in panel discussions led by experts in adolescence, gender, and human rights. **Dr. Astrid Eliana Cáceres**, Director of the ICBF, joined as special guest.



30 April 2024

Los Pisingos Foundation took part in the round tables on violence prevention, mental health, and participation held in celebration of the **Children's Day Representative** at the Congress of the Republic of Colombia. Seven children from our programmes and one psychologist participated.



25 June 2024

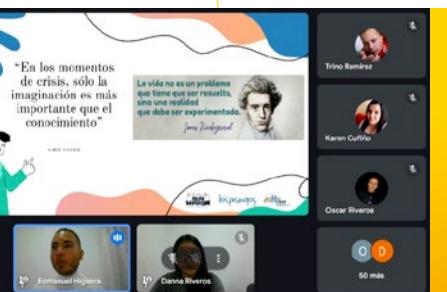
We were invited by the **Municipal Council of Cajicá** to its accountability session, alongside the Secretariat for Social Development, in recognition of our work as an ally in addressing domestic and sexual violence cases handled by the municipality's three Family Commissariats. Our care and its impact on Cajicá families were highlighted.



### Knowledge Management

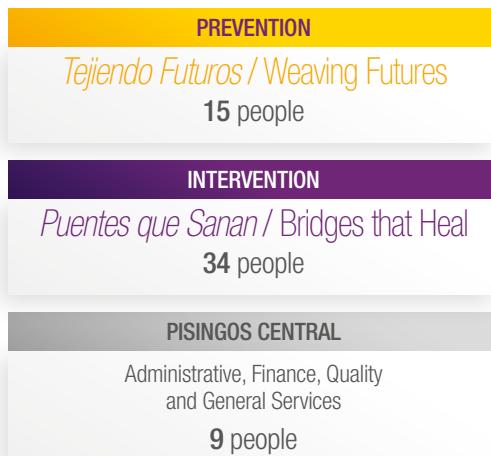
21 - 30 October 2024

In coordination with the **Bogotá City Council**, we conducted a **Psychological First Aid Workshop** with more than 1.300 participants. The workshop provided a foundational understanding of emotional first aid principles, taught attendees to identify signs of crisis, and equipped them with basic intervention tools to support individuals in distress before referring them for specialised care.

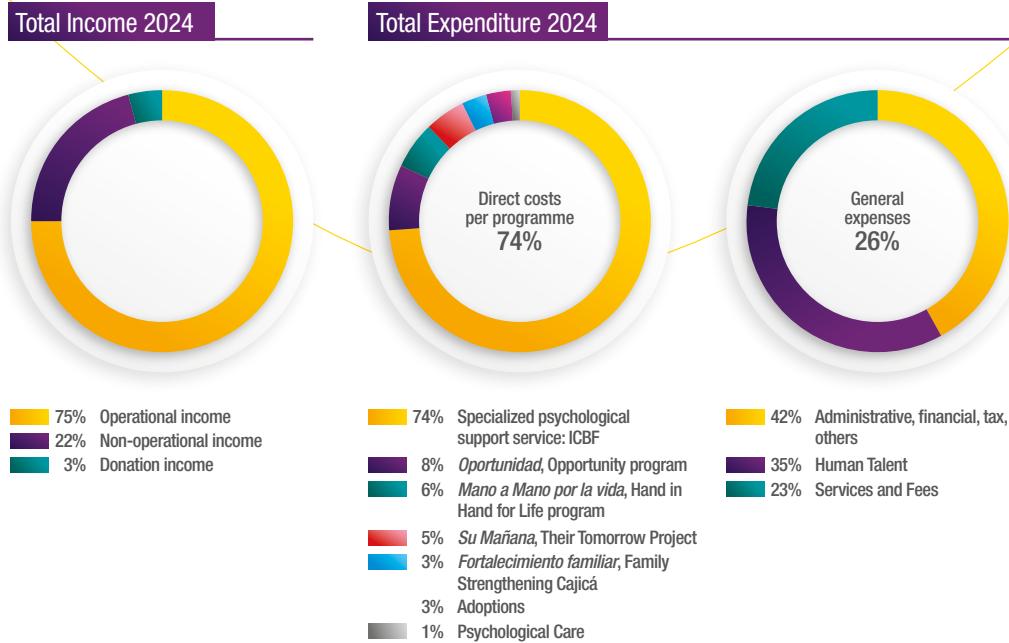


## 10. Team of professionals

Los Pisingos Foundation has 58 collaborators of the highest human calibre who have fostered a culture of empathy, welcoming each individual with love and understanding of their rhythms and personal challenges.



## 11. Financial Statements



## 12. Philanthropists

Philanthropic Friends: Generous allies and supportive donors who have believed in the purpose of contributing to a healthier emotional society by working with children, adolescents and their families. Thanks to their contributions, many lives have been transformed.

### Allies



Regan Stewart

Rosaura  
Orengo  
and Family

R S G  
LEGAL



### Donors



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Federico López • Gregorio Sokoloff • Guillermo Rojas • Janeth Martínez Vargas • Jose Arévalo • Dr. José Miguel Silva  
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We also thank the anonymous donors and those we were unable to contact, all of whom made a valuable contribution.



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